Count: 64
Wall: 4
Level: Intermediate
Choreographer: Francien Sittrop (April 2015)
Music: Quicksand - Caro Emerald

## Intro: Start after 16 Counts

[1-8] Side, Rock Back, Recover, Kick Ball Cross, Side, Behind, Side, Cross
1 - 3Step L to L side, Rock R back, Recover on L
4 \& 5Kick R fwd, Step R down, Step L across R
6Step R to $R$ side
7 \& 8Step L behind R, Step R to R side, Step L across R
[9-16] Rock Back, Recover, Behind, $1 / 4$ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross
1 - 2Rock R to R side, Recover on $L$
3 \& 4Step R behind L, $1 / 4$ Turn L step L fwd, Step R fwd (09.00)
5 - 6Rock L fwd, Recover on R
7 \& 8Step L back, Step R next to L, Step L across R
[17-24] Side, Together, Side Shuffle, Cross Rock, Recover, Shuffle $1 / 4$ Turn L
1 - 2Step R to R side, Step L next to R
3 \& 4Step R to R side, Step L next to R, Step R to R side
5 - 6Rock L across R, Recover on R
7 \& 8L step L fwd, Step R next to L, $1 / 4$ Turn Step L fwd (06.00)
[25-32] Shuffle $1 / 2$ Turn L x2, Rock fwd, Recover, Coaster Cross $^{\text {2 }}$
1 \& $21 / 4$ Turn $L$ step $R$ to $R$ side, Step $L$ next to $R, 1 / 4$ Turn $L$ step R back
$3 \& 41 / 4$ Turn $L$ step $L$ to $L$ side, Step R next to $L, 1 / 4$ Turn L step L fwd (06.00)
5 - 6Rock R fwd, Recover on L
7 \& 8Step R back, Step L next to R , Step R across L
[33-40] Back , Heel fwd ,Hold, Ball Cross, Side, Sailor step $1 / 4$ Turn L, Skates R-L
\& 1Step $L$ back, Touch $R$ heel fwd
2 Hold (while you lean your body diagonally $L$ back)
\&3-4Step R next to $L$, Step $L$ across $R$, Step R to R side
5 \& 6 Sweep L behind R with $1 / 4$ Turn L, Step R next to L , Step L fwd (03.00)
7 - 8Skate R fwd, Skate L fwd
[41-48] Syncopated Jazz Box $1 / 4$ Turn R, Behind, Side, Cross, $1 / 4$ Turn R, Touch
$1-2 \&$ Step R across $L, 1 / 4$ Turn R step $L$ back, Step $R$ next to $L$ (06.00)
$3-4$ Step $L$ across R, Step $R$ to $R$ side
5 \& 6Step L behind R, Step R to R side, Step L across R
$7-81 / 4$ Turn R step R fwd, Touch L behind R (09.00) ** $R^{* *}$
[49-56] Lock steps back x2, Full Turn L with 2 walks and Shuffle
1 \& 2Step L back, Lock R in front of L, Step L back
3 \& 4Step R back, Lock L in front of R, Step R back
$5-61 / 4$ Turn $L$ step $L$ to $L$ side, $1 / 4$ Turn $L$ step $R$ fwd
7 \& $81 / 4$ Turn $L$ step $L$ to $L$ side, Step R next to $L, 1 / 4$ Turn $L$ step $L$ fwd (09.00)
[57-64] Rock fwd, Recover, Rock Side, Recover, Behind, Side, Cross, Touch, Flick
1 - 2Rock R fwd, Recover on L
3 - 4Rock R to R side, Recover on L
5 \& 6Step R behind L, Step L to L side, Step R across L
7 - 8Touch $L$ to $L$ side, Flick $L$ behind $R$
Restart : During wall 2 \& 4 after count 48 Start again with count 1
Tag : after wall 5
1 - 8Side, Rock back, Recover x2,Touch, Flick
1 - 3Step L to L side, Rock R back, Recover on L
4 - 6Step R to R side, Rock L back, Recover on R
7 - 8Touch L to L side, Flick L behind R
Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).
Website : www.franciensittrop.nl

